The Survivorship Care Program is for those patients who are transitioning from active cancer treatment to post-treatment and wellness. The program focuses on empowering patients to take an active and positive role in their care. After a thorough assessment, an individualized plan is developed to promote health, treat late effects of cancer treatment and reduce the risk of cancer recurrence.

Who provides survivorship care?
A nurse practitioner and a team of healthcare professionals, including a social worker, nutritionist, physical therapist and chaplain will provide care following your treatment. All have special training and experience in the care of patients with cancer. Visits will take place in the Cancer Center. This way, the doctors and nurses who were involved during your active treatment can easily be consulted. Patients will be seen by appointment and will be referred to other team members as needed. If there is any indication of recurrent disease, a referral will be made to the medical and/or surgical oncologist.

What type of care is provided?
• A treatment summary and plan of care is given to the patient.
• A complete physical examination is performed.
• The effects of cancer treatment are managed by healthcare professionals.
• Screening referrals to detect other cancers are provided.
• Recommendations to promote a healthy lifestyle are given. These include consults to various resources, such as a nutritionist, lymphedema specialist and physical therapist. Referrals to exercise programs, psychosocial counseling, survivorship support groups, smoking cessation, genetic counselors and others may also be suggested.
• Referrals and resource information are provided when needed.

When does follow-up care begin?
Your doctor will decide when you are ready to transition to survivorship care. In some instances, you will continue to see your doctor(s) or have alternate visits with them.

How will my primary care physician be involved?
A summary of your cancer treatment and plan of care will be shared with your primary care physician. There will be continued communication after each visit.

How do I schedule an appointment?
Your physician should fax a consultation request to the Survivorship Program at (631) 638-0820. To schedule an appointment, call (631) 638-1000.

ABOUT STONY BROOK UNIVERSITY CANCER CENTER: Stony Brook University Cancer Center is Suffolk County’s cancer care leader and a leader in education and research. With more than 20,000 inpatient and outpatient cancer visits annually, the Cancer Center includes 12 multidisciplinary teams: Breast Cancer; Colorectal Cancer; Gynecologic Oncology; Head, Neck and Thyroid Oncology; Lung Cancer; Melanoma; Neurologic Oncology; Pediatric Hematology/Oncology; Sarcoma; Stem Cell Transplantation and Hematologic Malignancy; Upper Gastrointestinal Oncology; and Urologic Oncology. The cancer program is accredited by the American College of Surgeons Commission on Cancer as a Teaching Hospital Cancer Program and received the Commission’s Outstanding Achievement Award. The Carol M. Baldwin Breast Care Center is the first center in New York State to be accredited by the National Accreditation Program for Breast Centers. Stony Brook’s Department of Radiation Oncology is accredited by the American College of Radiology and the American Society for Radiation Oncology. To learn more, visit stonybrookcancercenter.org.