KNOW THROMBOSIS

Every year, millions of people will have blood clots form in the highway system inside the body. Known by the medical term “thrombosis,” blood clots in an artery or vein can slow or block normal blood flow.

Thrombosis is often preventable and is an underlying cause of heart attack, thromboembolic stroke, and venous thromboembolism (VTE), the top three cardiovascular killers.

THROMBOSIS:
when a blood clot forms in a leg vein, it is known as deep vein thrombosis (DVT). If the clot moves to the lungs, it is called pulmonary embolism (PE). DVT + PE = VTE, a dangerous and potentially deadly condition.

RISK FACTORS
for VTE include hospitalization, surgery, cancer treatment or being immobilized for a prolonged period.

1 IN 14 PEOPLE WORLDWIDE are dying from conditions caused by thrombosis.

COMMON SIGNS & SYMPTOMS of DVT are pain and/or tenderness in the calf or thigh; swelling of the leg, foot, or ankle; redness and/or noticeable discoloration; and/or warmth. Symptoms of PE include shortness of breath, rapid breathing, chest pain, rapid heart rate, lightheadedness and/or passing out.

BE PROACTIVE:
If you’re admitted to the hospital, or if you are having surgery, ask your doctor for a VTE risk assessment.

#KNOWTHROMBOSIS  #WORLDTHROMBOSISDAY  #KEEPLIFELOWING